



BalletMet / Reynoldsburg Summit Road Campus

8579 Summit Road - Reynoldsburg, OH 43068

All Classes continue through May 21, 2012

Registrations taken through www.balletmet.org

(614) 224-1672 or (614) 229-4860 - Fax (614) 229-4858

Early Childhood & Youth Course Descriptions

(All ages listed are based upon the student's age as of September 30, 2011)

"Early Movers" – Saturdays, TBD Call for times

Ages 3 ¼-4 years - Late threes and young four year olds can enjoy the beginnings of creative movement, priming them for Start to establish simple movement sequences using imagination and fantasy to achieve the right muscle action. 9 month payment plan \$50(Sept 1-May 1)

Creative Movement - Wednesdays – 4:00-4:45pm - or - Saturdays 9:45-10:30am

Children ages 4-5 learn to love dance through individual expression and discovery. Musicality, coordination, simple movement sequences develop children's ideas and fantasies into dance.

*9 month payment plan \$57 (Sept 1-May 1)

Children's Ballet – Wednesdays– 4:45-5:45pm

Classes introduce children ages 6-7 to a more formal ballet class. With a carefully constructed curriculum we begin to develop strength while maintaining flexibility through age appropriate exercises. Creativity, natural coordination and musicality to nurtured and developed.

*9 month payment plan \$65 (Sept 1-May 1)

Beginner Ballet/Ballet 1 – Wednesdays – 5:45-6:45pm

Classes for students 8+ begin to grasp technical concepts and strengthen their performance skills. This class is specially designed for their development

*9 month payment plan \$75 (Sept 1-May 1)

Youth Discover Dance– Saturdays – 10:30am-11:30pm

Students aged 8-12 years Develop creativity, freedom of movement, and artistic expression. This class is a wonderful for keeping the minds open, bodies moving, and applying to other art forms as well! Course includes introductory work to ballet, jazz, modern, and creative movement!

*9 month payment plan \$70 (Sept 1-May 1)

PowerMovers for Kids! – Tuesdays – 5:30-6:30pm – NEW!!! - 5 week Session

Starts November 15 – December 13, 2011 – **Specially priced - \$75**

Why did the 2007 OSU Buckeyes come to BalletMet in the off season? To build strength, increase flexibility, endurance and agility! Come take this class specially designed for the young athlete to keep in shape and come back better than before! Perfect for boys and girls ages 7 and up! Bring your mat or towel and wear comfortable clothes! Future 9 week sessions – 1/ 3 thru 2/28/12 and 3/6 thru 5/8/12 (No class 4/3/12)

Teen/ Adult Course Descriptions- Ages 12 through Adult

12 week pay plan \$150

***Teen/Adult Ballet – Beginning No Previous Experience –Tuesday 7:30-8:30pm- New Time! Start 10/18/11**

Enjoy the study of this art form in classes designed to develop technique, musicality, coordination and artistry. Our carefully designed curriculum helps to build and enhance the dancer's body at any age! *Ages 13 through Adult.*

***Teen/Adult Zumba – Tuesdays – 4:30-5:30pm**

Get moving with a blend of Latin and other dance styles. Designed to give you an aerobic workout distinct from any other! *Ages 12 through Adult*

***Teen/ Adult Tap –Tuesdays – 6:30-7:30pm**

Students come and learn to develop precision in sound, movement, gesture, and footwork along with expression. Have fun and show your stuff! *Ages 12 through Adult*

PowerMovers for Athletes – Wednesdays – 7:30-8:30pm- NEW!!!!!! - 5 week Session

Start November 16 through December 14, 2011 – **Specially Priced - \$75**

What do professional athletes and trainers know that you need to know? Along with strength you need flexibility and agility you can't always practice on the field or court. Come to this class specially designed for the athlete to keep in shape, increase their core strength, as well as work on their technique for moving and jumping. Future 9 week sessions – 1/ 4 thru 2/29/12 and 3/7 thru 5/9/12 (No class 4/4/12)

And more classes to come!



Dress & Hair Requirements

- **Creative Movement, Children's Ballet, and Early Movers:** **Girls** -Light or Ballet pink short sleeve leotard, required pink skirt (available for purchase first day of class \$11) plain white ankle socks (no ruffles or color) pink ballet shoes with elastics sewn across the instep. Hair should be secured back out of the face. **Boys**- Snug fitting white t-shirts or white tank leotard, black tights or biker/compression shorts, white socks, white ballet slippers.
- **Beginner Ballet:** **Females**-Black leotard with pink tights. Leotards are to be equal on shoulders, no halters, turtlenecks, zippers, see through fabric, or color insets or stripes, pink footed tights, pink ballet slippers. Ballet slippers must have elastic sewn across the instep and tights must cover the feet (not rolled up to the ankle). Hair should be pulled back into a bun. **Males**-Snug fitting white t-shirts or white tank leotard, black tights or biker/compression shorts, white socks, white ballet slippers. No extraneous clothing (skirts, leg warmers, pants, sweatpants, etc.) is to be worn – unless an injury requires it.
- **Discover Dance!** - Any solid colored leotard, black tights and jazz or black ballet shoes **Males:** White T-shirt, dance belt, black footless tights and bare feet. Hair should be secured away from the face.
- **Teen/Adult Ballet:** **Females**-Black leotard, black or pink tights, pink ballet slippers. **Males**- Snug fitting white t-shirts or white tank leotard, black tights or biker/compression shorts, white socks, white ballet slippers. Please bring a bath towel or mat for any floor work.
- **Modern:** **Females:** Any solid colored leotard or unitard, black footless tights and bare feet. **Males:** White T-shirt, dance belt, black footless tights and bare feet. Hair should be secured away from the face.
- **PowerMovers Class:** T-shirt or solid leotard, Comfortable pants or slim shorts. Socks and lightweight sneakers or tennis shoes that have been cleaned or not been worn outside. Towel or mat required. Hair pulled away from the face.
- **Pilate's & Yoga:** Leotard and tights, or any comfortable clothing. Bare feet or socks. A mat is required.
- **Tap:** Leotard or T-shirt and dancewear pant or tights (feet must be able to be seen) and black tap shoes. Hair should be secured away from the face.
- **Zumba** - Leotard and tights, or any comfortable clothing, appropriate dance shoes or lightweight tennis shoes. May want to bring a towel.

Lightweight Tennis Shoe used for PowerMovers, Zumba, as well as Ballet, Jazz, and Tap shoes should never be worn outside.

BalletMet/Reynoldsburg Holiday Breaks

Thanksgiving Break – November 24-27, 2011

Christmas Break – December 21-January 1, 2012

Martin Luther King Day – January 16, 2012

President's Day – February 20, 2012

Spring Break – April 2-9, 2012

Last Day of classes – May 21, 2012

Any classes missed through the Academic year may be made up in comparable classes at any of the following facilities:

Reynoldsburg Summit Road Campus Location

BalletMet Columbus Downtown Location

BalletMet Columbus Vista Plaza Gahanna Location